



Australian Ultra Runners
Association Inc.

Legend:

AURA Record Plaques issued for these marks

For further information contact:

David Billett
7 Craiglee Drive, Coromandel Valley 5051
or phone (08) 8278-6623
or email davidbil@adam.com.au

Men's Distance Records (Km)

50	David Criniti NSW	3:07:13	MOE VIC	12/11/2006
100 (#)	Yiannis Kouros VIC	7:15:01	KENSINGTON SA	24/10/1997
150	Yiannis Kouros VIC	11:05:03	KENSINGTON SA	24/10/1997
200 (#)	Yiannis Kouros VIC	15:10:28	KENSINGTON SA	24/10/1997
500	Yiannis Kouros VIC	2D:10:00:49	COLAC VIC	22/11/2005
1000	Yiannis Kouros VIC	5D:17:26:38	COLAC VIC	26/11/2005

Men's Distance Records (Miles)

50 (#)	Dragan Isailovic VIC	5:15:00	EAST BURWOOD VIC	19/06/1993
100 (#)	Yiannis Kouros VIC	11:58:00	KENSINGTON SA	24/10/1997
500	Yiannis Kouros VIC	4D:09:59:04	COLAC VIC	24/11/2005
1000	Gary Parsons QLD	12D:19:44:35	NANANGO QLD	26/03/1996

Men's Time Records

6Hrs (joint)	Trevor Jacobs ACT	83.600KM	EAST BURWOOD VIC	21/06/1992
(joint)	Yiannis Kouros VIC	83.600KM	COBURG VIC	08/04/1995
(data)	Safet Badic VIC	87.372KM	KNOX VIC	30/10/1994
12Hrs (#)	Yiannis Kouros VIC	161.200KM	KENSINGTON SA	24/10/1997
24Hrs (#)	Yiannis Kouros VIC	303.506KM	KENSINGTON SA	24/10/1997
48Hrs (#)	Yiannis Kouros VIC	473.495KM	SURGERES,FRANCE	08/05/1996
6 Days	Yiannis Kouros VIC	1038.851KM	COLAC VIC	26/11/2005

Women's Distance Records (Km)

50	Sandra Timmer Arends VIC	3:38:18	MOE VIC	30/11/1997
100 (#)	Mary Francis WA	8:23:00	BUNBURY WA	02/07/1997
150	Sharon Scholz VIC	14:33:07	BRISBANE QLD	18/06/2011
200	Bernadette Benson WA	19:58:31	COBURG VIC	06/04/2014
500	Georgina McConnell NSW	3D:23:51:52	COLAC VIC	19/11/1992
1000	Georgina McConnell NSW	10D:19:50:58	NANANGO QLD	24/03/1996

Women's Distance Records (Miles)

50	Linda Meadows VIC	6:07:58	EAST BURWOOD VIC	18/06/1994
100	Bernadette Benson WA	15:38:18	COBURG VIC	06/04/2014
500	Georgina McConnell NSW	8D:04:31:28	NANANGO QLD	21/03/1996
1000				

Women's Time Records

6Hrs	Linda Meadows VIC	78.742KM	EAST BURWOOD VIC	18/06/1994
12Hrs	Sharon Scholz VIC	131.311KM	BRISBANE QLD	18/06/2011
24Hrs	Bernadette Benson WA	238.261KM	COBURG VIC	06/04/2014
48Hrs	Sharon Scholz VIC	333.026KM	CABOOLTURE QLD	01/08/2010
6 Days (#)	Georgina McConnell NSW	738.103KM	CAMPBELLTOWN NSW	24/11/1990